

The Community Caring Resource Network is committed to supporting and encouraging our community in a "holistic way." This means we consider all the different areas of life, and how these interact to help or hinder someone from having a full and healthy life.

This survey is based on concepts outlined in the US Surgeon General's Advisory from March of 2023. It defines *social connection* as the interactions, relationships, roles, and general sense of connection that individuals experience with other people in their life.

Please respond to each statement based on how much you agree or disagree with each statement, using the following scale:

	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree
	1	2	3	4
1. I am satisfied with the number of social connections that I have with others.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. I am satisfied with the variety of social connections that I have with others.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. I am satisfied with the frequency of contact I have with my friends, family, and others in my social circle.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. I feel good about myself as an individual.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. I have people nearby who care about me and who I can count on in times of need.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

6 I have friends who can depend on me, and would call on me, if they needed support.

7 My relationships and interactions with others are positive, helpful, or satisfying (vs. negative, unhelpful, or unsatisfying).

8 I know some people who are very different from me: we care about each other, and respect each other.

9 I have a spiritual or religious aspect of my life that helps me.

10 I know of a specific law, institution or social norm that makes life difficult for me.

The next questions are open ended, meaning you can answer however you would like.

1. Are there ways that you would like to be more involved in your community? If so, how? What are things that prevent you from being more involved in your community?

2. Are there events or activities that could be held at Boulder Park that you think would help increase the social connections of residents, and encourage a positive atmosphere in our neighborhood?
